

Liverpool Fencing Club – Covid 19 Training Night Adjustments policy

Date: 30/07/2020

Version 1.0

1. During training sessions a **2 metre social distance between all attendees** outside of the same household **is to be enforced**
2. In line with British Fencings latest Covid 19 guidance in full [here](#) the following adjustments are being made for training as follows
 - a. Our **beginners' courses** are **suspended until further notice**. Any beginner who was midway through their course may book on in full, at no charge, for a full beginners course once we are able to operate at normal capacity. Any questions on this can be directed to our email admin@fenceliverpool.com
 - b. Sparring may only take place within a group of 6. Fencers are not to mix into a separate group. No more than 1 * 15 hit bout or 3 * 5 hit bouts between fencers are permitted.
 - c. Face coverings may be worn, warmups and bouts will take this into consideration when being planned.
3. 1:1 lessons may take place but they will only be able to take place but only with the coach assigned to the group. Liverpool Fencing Club will aim to make as clear as possible which coach is attending which session. 1:1 must be agreed in advance with the coach following confirmation of the fencers attendance
4. 1:1 lessons will be no longer than 15 minutes
5. Supplementary training will be on offer, demand dependant, to support those who do not or can not return to fencing at this time.

Signed: Liam Melvein

Committee Approval Date: 30/07/2020